

SAMHAIN BODYDREAMING™ & CLAY MASK WORKSHOP

November 2 – 4, 2018

with

Marian Dunlea & Wendy Bratherton

The Ammerdown Centre, Radstock, BA3 5SW, UK

*“We come of age as masks
Our true face never speaks.” Rainer Maria Rilke*



Come and create a clay mask at Samhain, the time of year when the Cailleach, the Old Hag of Winter, makes her descent into the Underworld to incubate the seeds of the new life that will emerge at Imbolc, the Celtic spring.

We meet the Cailleach at the threshold of Winter in working with the damp, dark clay, learning to trust our impulses, listening to our dream images, feeling our senses engage with the *prima materia* of the raw clay. The mask begins to reveal itself and we begin to relate to the mask energy, the hidden face of the feminine.

Using a combination of *Qigong* and *Biodynamic Craniosacral* work, we will deepen into our bodies to see how our energy is moving and resonating at this time in the year's cycle. The bodywork will prepare us to meet a body of "matter" - the clay - and to make contact with the Cailleach energy.

And we will experience *BodyDreaming™*, a way of working with dreams and images that tracks the pathways in the body where the energy of the dream is held. It invites us into the place of healing between body and dream, where old traumas, symptoms and complexes hold fast in the neural pathways of the body. When supported, the body may be ready to release this blocked energy and be restored to its inherent organic wisdom. Image and impulse align with greater ease and fluidity. We feel the ground of our sensing body interweaving with psyche, recovering our connection with the living earth in a mutual participation.

Come and discover the mask that will take you into Winter, be your guide and companion in the times of descent and incubation.



Dates: Friday November 2nd , 2018 @ 6:00 pm – Sunday November 4th, 2018 @ 4:00 pm

Faculty:

Marian Dunlea, M.Sc., IAAP, ICP, is a Jungian analyst who has been leading workshops internationally for the past 20 years integrating body, mind and soul. With the development of her unique approach BodyDreaming™, Marian's work has expanded to incorporate the developments in neuroscience, trauma therapy with Jungian psychology and the phenomenological standpoint of interconnectedness. Her trainings include Jungian Analyst, Psychoanalytic Psychotherapy, Psychosynthesis, Infant Observation, BodySoul Rhythms® and Somatic Experiencing. She is currently awaiting the publication of her book on BodyDreaming™.

Wendy Bratherton, IAAP, BPC, CSTA, is a Jungian Analyst and Supervisor and a Biodynamic Craniosacral Therapist. She integrates Craniosacral Therapy and BodySoul work into her Psychotherapy practice. She has worked as an Infant Observation Seminar Leader for twenty years and she trained in trauma work with Babette Rothschild. In the past she taught Ceramics. Recently she has held Qigong workshops for those recovering from cancer treatment.

Location:

The Ammerdown Centre, Radstock, BA3 5SW, United Kingdom

<http://www.ammerdown.org>

Fees:

Early Bird: £ 385 till August 15th 2018, then £ 409

CEU's:

15 hours CPDs

For More Information or to Register:

Contact Ana Kirby at bodydreaming@gmail.com

